

CONDUCT YOUR OWN EDUCATIONAL CHILDREN'S DAY

Our monthly Children's Day activities aim at making the next generation more environmentally responsible. They are not just fun and interesting; they get kids involved in a hands-on capacity.

Children's Day is a great holiday or weekend activity and here are some tips on how you can organize one yourself:



Frequently Asked Questions:

1. Who can organize one?

Anyone can, especially if creativity, teaching, public speaking and interacting is what you enjoy and like.

2. What kind of location?

At a school, your house, a garden or park, your friend's place - open spaces work the best.

3. How many kids?

The group can be as big and as small as you want. Think about what you can actually handle. We usually have around 50 children but it can get very hectic! Start off with a small amount say 10 or 20 then you can expand if you wish.

4. How many volunteers?

You need at least two volunteers at each activity station to make sure the children are working safely and happily.

5. Where do I find the kids?

A nearby slum, a school, your locality or the kids of friends and families. A mixed group works better.

6. Which age group?

The activities are more suitable for kids between 7 to 14 years, but older kids can help organize it and supervise the youngsters. It's equally fun!



SETTING IT UP

Set up several stations just slightly apart from each other. Old flex banners are good for sitting and working on plus paint spills etc just wipe off.

You will need:-

1. Cardboard boxes – flatten and cut them so kids can sit on them, lean on them when colouring, drawing, painting etc.
2. Coloured pens, crayons and pencils, scissors, glue, cellotape, stapler and staples
3. Fabric/plain material, fabric paints, basic children's poster paints, paint brushes, jars or cut off plastic bottles for washing & placing brushes
4. Bits of material, ask a tailor to keep his trimmings for you, just give him a bag.

Activity 1: Poster Colouring

Items required:

1. Photocopies of posters related to waste management which are simple enough for the kids to understand and color. We can provide these for you.
2. Coloured pens, crayons and pencils

Activity 2: Banner Painting

Items required:

1. Plain cloth cut to size with relevant slogan on it in bold letters. An adult will need to prepare this before the big day.
2. Fabric paints and paint brushes
3. The letters on the banner will be painted by teenage kids but you can get responsible younger kids to help.



Activity 3: Memory Game (How long do I take to decompose?)

Print the 'How long does it take to decompose?' sheets then glue them onto cardboard.

How to play it:

1. Explain what decompose means.
2. The placards with the objects will be shown to the kids one by one.
3. Each kid takes a guess at the time required for decomposition of the object.
4. Give the right answers after the guesses.
5. After all the placards are shown, shuffle them and place all of them in a random way.
6. Ask the kids to match them and see how many they get right.

Activity 4: Waste Workshop

Items required :

1. Colorful waste materials eg. chips and biscuit packets, cereal boxes, Tetra pack etc or any other waste item that is clean and dry
2. Glue, cello tape, children's scissors, paints, stapler.

How to organize the waste construction workshop:

The day prior to the event make the items you are making with the kids. Research online and you will be surprised to see the creations you can make from waste. We have some suggestions too that we are happy to share with you.

1. Make a group of 6-8 kids, more if you have enough materials and volunteers.
2. Assign a volunteer/volunteers with each group
3. Show them the items they can make but tell them they can create their own items if they prefer.

Activity 5: The Garbage Hunt

Items required:

1. Gloves
2. 2 bags: one for marked with a recycling triangle and the other with a cross for non recyclable waste
3. Litter grabbers (if possible)

How to play:

1. Make a group of 6 to 7 kids, explain what is and isn't recyclable (Please see the below list, make sure the items are clean and dry. Items that have (R) are recyclable and items that have (NR) are non recyclable.
2. Let the kids pick up litter around the venue of the event using gloves and the litter pickers within a given time limit say 15 minutes.
3. A volunteer/volunteers have to be there with the group.
4. Have a box with you for broken glass and don't let the children pick it up, just alert you when they find it so a responsible adult can pick it up.
5. The volunteer will carry the garbage bags and help the children to decide which bag to use for the garbage they find.
6. Talk about why littering is bad and how clean is lovely as you hunt for trash



Activity 6: Waste Segregation Game Relay Race

Items required:

1. 4 big bags required, 2 for recyclable and 2 for non recyclable waste
2. 2 game bags (for the waste items)
3. **Each game bag** should contain 20 items.

Article 1: newspaper (R)

Article 2: chips packet (NR)

Article 3: biscuit packet (NR)

Article 4: glass jar (Draw a glass jar or bottle on a strong piece of cardboard to avoid injury) (R)

Article 5: cereal box (R)

Article 6: small cardboard box (R)

Article 7: metal tin (R)

Article 8: styrofoam cup (NR)

Article 9: styrofoam plate (NR)

Article 10: tetra pak carton (R)

Article 11: aluminium foil (R)

Article 12: unused babies diaper (NR)

Article 13: aluminium can (R)

Article 14: old notebook (R)

Article 15: plastic cup (R)

Article 16: plastic container ie shampoo bottle (R)

Article 17: plastic bag (R)

Article 18: plastic bottle (R)

Article 19: plastic ice-cream wrapper or chocolate barwrapper (NR)

Article 20: shoe or chappal (R)

How to play the game:

1. Kids are divided into 2 teams, aim for ten in each team. Explain to the kids which items are recyclable and which ones are not. Run through again asking them to shout out YES for the Recyclable ones and NO for the Non-recyclable items.
2. One volunteer for each team will hold the two bags, one with a recycling triangle on it and the other with the cross (X) on it at the finish line. Finish line distance can be determined by the age of the group.
3. One volunteer for each team will be at the start line with the game bag.
4. The volunteers assigned for each team will choose the article to be given, taking into the account the age and ability of the child.

5. A child from each team will use a litter picker or gloves to pick up the article given to them, run to the finish line and put it in the correct bag and run back to their team.
6. The 2nd child in the team will only start after the first child has reached the start line.
7. The children will continue to race each other until all 20 articles are put in the bags. Team often, kids run twice, team of 5, kids run four times.
8. The winning team is the team that gets the most items in the correct bags. There is an extra point for the team that finished first.

Refreshments

Refreshments should be organised in such a way that minimal packaging is bought. Buy fruit and samosas and avoid packaging as much as you can. Ensure the kids wash their hands before they eat. You don't need plates, a piece of newspaper will suffice.

Make sure you have 3 dustbins near to where you are preparing the food, namely organic, recyclable and non recyclable. Have them placed so the kids can see them and use them after they have finished eating. Make a cardboard cow face for the food waste bin to make it look fun!



Prizes

The last part of the event will be the prize distribution where the kids will be handed a small gift. Prize winners are decided by their performance and attitude throughout the event. Keep the best posters to put up in the local shops and let the children take the others home to their parents. Crafts can be taken home also. Lay out the prizes and announce the winners, let the children choose what they would like from the prizes. Ensure there is something for all the kids even if it just a pencil or a pen.

We also highly recommend you to download Garbology <http://iwasteless.org/garbology-101/> a highly interactive, innovative, animated and fun educational kit for children from 6 to 12 years of age. It is highly recommended for those who wish to conduct educational activities even if just for your own child.

These are just guidelines, be creative and be prepared for a lot of fun!
For more info & creative ideas, please get in touch: info@wastewarriors.org

